

Susquehanna University
Health Center
514 University Avenue, Selinsgrove, PA 17870-1001
Health Center Phone (570) 374-9164 - Fax (570) 372-2729

Items to know when completing your health record:

- Please keep your health record in its original order - DO NOT remove staples from health record and please DO NOT staple additional papers to health record. Any additional papers should be placed, unattached, in the envelope along with your completed health record.
- Return your health record when it is FULLY completed. Incomplete health records will be returned.
- A physical is required six months prior to arriving on campus. This is for your protection as well as the protection of our campus community.
- It is important that your immunizations be up-to-date. To obtain dates for your immunizations, contact your pediatrician or high school. For those immunizations not covered by your health insurance, some may be obtained for free or at a discounted rate through your local Department of Health.
- The student's signature is required on pages 3 and 7. A physician's signature is required on page 4.

Frequently asked questions:

Q – What if I do not hand in a health record or hand in an incomplete health record?

A – *Missing or incomplete health records will place a hold on you receiving your room key the day you arrive on campus (please see the back of this page for our "Key Hold" policy).*

Q – My insurance only covers a physical once a year. Am I still required to have a physical six months before I arrive on campus?

A – *Yes, physicals prior to six months will not be accepted and will cause your health record to be incomplete. Sports physicals within this time frame are also accepted (please include copy of physical when returning your health record).*

Q – Does my private insurance cover me when I am away from home?

A – *All health insurances vary. It is very important to know your coverage before leaving home. Before arriving on campus, phone your insurance company to inform them that you will be attending college away from home and ask them if you need to change your primary care provider to a care provider located near the University. Although you do have coverage through your school insurance, this insurance will only cover at 50% if your home insurance refuses payment due to you being seen out of network. Please include a copy of your insurance card with your health record and have a copy of your insurance card with you when you arrive on campus.*

Q – Do I need to pay the Health Center insurance fee if I have my own private insurance?

A – *Yes, it is mandatory for all students to pay the insurance and health fee. The Business Office will send you information regarding student health insurance. You will be billed for the health insurance as part of your student health fee. This insurance is an in-excess plan and, in most cases, is secondary to your private insurance. Visits to the Health Center and referrals from the Health Center for lab work and x-rays are covered under the school policy provided they are within the plan limits. In cases where charges exceed the plan limit, claims will be submitted to the student's private insurance first. It is important to remember that your school insurance has minimal coverage and private insurance should not be cancelled due to this extra coverage. In most instances the maximum the school insurance will pay per sickness is \$500. To find more information about the school's insurance policy, please visit our web page at www.susqu.edu/health (the 09-10 policy is currently listed but as soon as the 10-11 policy becomes available, the website will be updated--there are usually only minor changes in the policy from year to year).*

Q – Can the Health Center share information with my parents without my consent?

A – *No, students are, by law, considered adults (no matter who pays a student's tuition fee) and information obtained in the Health Center can only be shared with parents if a student signs a release to share this information. The Consent to Release health information can be signed by students in the Health Center any time after August 30th.*

Q – What do I do if I am not feeling well and need to be seen by a care provider?

A – *The Health Center has physician appointments daily (please check the Health Center's web page @ www.susqu.edu/health for physician hours). The physician is seen by appointment only and appointments fill very quickly so please either stop at the Health Center first thing in the morning to see a nurse or phone the Health Center first thing in the morning to speak to a nurse, who will schedule you for an appointment.*

Q – Can I obtain my allergy shots in the Health Center?

A – *Yes, however, this service is only offered during physician hours. The initial allergy injection must be received at the student's immunologist's office. Titrating or maintenance doses can be administered at the Health Center. The Health Center can store your allergy record and vials, however, allergy vials cannot be mailed to the Health Center. Please bring them to the Health Center yourself. We ask that students remain at the Health Center for 30 minutes after allergy injections.*

Q – My family physician prescribes medication to treat my ADD/ADHD. Do you provide this service at the Health Center?

A – *No, we encourage you to continue your treatment for ADD/ADHD as you had previously. Please schedule appointments during your semester breaks for maintenance of prescriptions as needed. The Health Center is not involved in any screening or treatment processes.*