

Susquehanna University Allergy Injection Policy

The Susquehanna University Student Health Center offers an allergy injection service for students receiving immunotherapy ordered by their private allergist. Registered nurses are available to administer injections, coordinate care within the student health clinic, and consult your allergist as needed.

Allergy injection students must be currently under the care of an allergist. A minimum of an annual visit to your private allergist is required. If you are starting the first vial of any allergy injection, you must receive the first dose from your allergist. SU nursing staff will NOT administer the first dose of any new allergy vial.

To utilize this service, please observe the following steps:

1. Before you arrive at Susquehanna University, obtain the following from your allergist:
 - Current vials - clearly labeled with:
 - Student's name
 - Contents
 - Strength
 - Expiration date of each vial
 - Injection schedule - clearly indicating:
 - Student's name
 - Prescribing physician's name, address, phone, and fax contact information
 - The extract to be used
 - Contents and strengths of extracts
 - Dosage and frequency of injections
 - Instruction of treatment and dose adjustments for reactions
 - Instructions for dose adjustments for missed or late shots
 - Date and reaction of last dose administered
 - Copy of this policy and procedure reviewed and signed by your allergist
2. All allergy injection patients will require an allergy consult appointment with nursing staff before you receive your first injection. Once you have arrived at school, call the Health Center at 570-372-4385 to schedule your allergy consult appointment. This appointment will take approximately 20 minutes with the nurse who will prepare your allergy chart and review your allergy information. You will be asked to sign a release of medical information and the allergy injection policy. Allergy injections will not be provided at this time. Please bring all vials, schedules, and instructions when you arrive for this initial allergy consult appointment.
3. The student is responsible for providing current instructions, schedules, and allergy extracts to the Health Center. Students are also responsible for adhering to their schedule. Except in case of illness, please make every attempt to come for the regularly scheduled injections for the best possible results of your treatment.

4. Allergy injections are only given when our physician or CRNP is present at the Health Center.
5. A thirty (30) minute wait is MANDATORY due to the possibility of a serious reaction. All students must remain in the reception area until the injection sites are checked by a nurse. There are no exceptions.

This is in accordance with new guidelines published by the Joint Council of Allergy, Asthma, and Immunology stating patients receiving allergy immunotherapy should remain at the Student Health Center for (30) minutes following an injection. Most reactions (70%) resulting from immunotherapy occurring within (30) minutes of an injection, therefore all allergy immunotherapy patients should remain in the Student Health Center for at least thirty (30) minutes.

6. Notify the nurse/staff during your waiting period if you experience any of the following symptoms:
 - Shortness of breath
 - Wheezing
 - Coughing
 - Generalized itchiness
 - Hives
 - Facial swelling
 - Flushing
 - Dizziness
 - Nasal congestion or sneezing
7. You will be notified when the allergy extract is low. It is your responsibility to reorder and obtain replacement allergy extract. Remember, the first injection of each vial must be given at your allergist office. Allergy extracts must be hand carried or mailed directly to you, not to the Health Center.
8. You are responsible for informing the allergy clinic staff of any changes in address, phone number, health conditions, or allergy information.
9. Vials left unused at the Health Center will be discarded after the expiration date.
10. Delayed reactions are possible. Persistent or severe symptoms require immediate medical attention by calling 911 or by contacting Public Safety at x 4444. For mild symptoms, take an antihistamine as advised by your allergist (Allegra, Benadryl, Claritin or Zyrtec.) Report any delayed reaction to the nurse *BEFORE* any additional injections.
11. It is recommended to wait (48) hours before or after any allergy injections before receiving any other type of immunizations, such as flu vaccine.
12. Avoid vigorous exercise (jogging, gym workouts, etc.) at least one hour, preferably two, before and after injections.

I have read and understand all of the above:

Student's Signature: _____ Date: _____

To the Allergist:

I am aware and agree to the Susquehanna University Allergy Injection Policy for my patient,
_____ (please print patient's name)

Physician's Name: _____

Address: _____

State: _____

Phone: _____ Fax: _____

Physician's Signature: _____ Date: _____

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ALLERGIST: Please detach and place in patient's chart in allergist's office

While _____ (please print patient's name) is away from home attending Susquehanna University, their immunotherapy will be assisted by the SU Health Center.

Contact Information:

Susquehanna University Health Center
620 University Avenue
Selinsgrove, PA 17870
(570) 372-4385 phone
(570) 372-2729 fax

Hours:

Monday thru Friday – 8am-5pm (closed 12-1pm for lunch)
Saturday – 10-11am