

Welcome to SU! The staff of the Health Center, the Counseling Center and Athletics would like to introduce you to our services supporting wellness. These services and preventive programs address physical, emotional, social and academic needs and development. For many students, this is the first time you will be assuming responsibility for your own health and well-being. We are committed to ease this transitional period for our students, as well.

Please complete and mail the Health Center forms as soon as possible (please print single sided, keep in its original order, and do not fold or staple.) These forms will enable us to serve you better when you arrive and also help to make your years at Susquehanna University healthy.

Note: To ensure the best possible care and to alleviate duplication requests for information, your student health reporting form information will be shared with the above departments. Medical information obtained after the submission of this health record will NOT be shared with any department unless a written consent is completed.

Confidentiality:

The Student Health Center and Counseling Center records are considered confidential, and are not a part of the academic record. Confidential information can only be released at the specific request of the student, or as permitted by law as described in the privacy information enclosed. Please note that neither the Student Health Center nor the Counseling Center can legally release information to parents except with the student's expressed permission. We will work with students to encourage them to let parents know how they are doing, but are bound by the limits of Pennsylvania law and ethics. Pennsylvania Act No. 10 provides for certain minors to consent to medical, dental, and health services and declares parental or guardian consent unnecessary under certain circumstances.

Section 1 - Individual consent - Any minor who is 18 years of age or older, or has graduated from high school, or has married, or has been pregnant, may give effective consent to medical, dental and health services for himself or herself. The consent of no other person is necessary.

In the case of imminent danger to self or others, we will work with the Vice President for Student Engagement and Success regarding appropriate intervention and notification.

HEALTH CENTER

Health Records:

The immunization record is of utmost importance! Please take the time to accurately and completely fill out your health record. Your health record enables us to provide you with adequate care while you are here.

Basic Information:

We welcome you to the Susquehanna University Student Health Center! The Student Health Center is accredited by the Accreditation Association for Ambulatory Health Care (AAAHC). Certificate of accreditation is awarded to organizations found to be in compliance who advance and promote patient safety, quality care, and value for ambulatory health care through peer-based accreditation processes, education, and research.



The Student Health Center is located at 620 University Avenue and housed within the Geisinger–Susquehanna University Facility. At the Student Health Center, physician providers are available daily to address student's acute medical needs. A dietitian is also available to support student's nutritional health. Students will also have access to the Urgent Care Center on weekends from 9 a.m. to 1 p.m. There is no charge to see these providers at the Student Health Center or on weekends and after-hours at the Urgent Care Center. Susquehanna University partnered with Geisinger Medical Center in 2010 to provide a wealth of specialty care services for our students and for the local community right here on our campus! This is a rare and fortunate opportunity for a college campus! In order to best access specialty services through Geisinger, please contact your primary health insurance to determine if they participate with *Geisinger Health Systems*. Your insurance contact number is on the back of your insurance card.

The staff at the Student Health Center is composed of registered nurses and physicians, including a physician Medical Director. We also have a nurse on-call to offer guidance for after-hour emergencies, please call:

Phone Numbers: (570) 372-4385 (Health Center Regular Hours)
(570) 374-9164 (Health Center After Hours Emergency)
(570) 372-0536 (Geisinger Urgent Care Center)
(570) 372-2729 (Health Center Fax)

Web Page: <http://www.susqu.edu/health>

Vaccines:

We require the vaccinations listed on your health record because inadequate immunization puts everyone at risk of communicable disease. Meningococcal disease is a present danger, and the State of Pennsylvania now requires that all students living in residential housing receive this vaccine (and a booster dose if initial vaccine was received before the age of sixteen years.)

Students involved in *GO Programs* traveling abroad will be required to complete the Hepatitis A series of two injections. We recommend that this be addressed prior to coming to campus. The seasonal influenza vaccine is available in the Student Health Center and this fee can be charged to your student account.

IMPORTANT:

THE COMPLETED HEALTH RECORD MUST BE RETURNED TO THE HEALTH CENTER AS SOON AS POSSIBLE BUT NO LATER THAN JULY 15 FOR FALL ENROLLMENT AND JANUARY 15 FOR SPRING ENROLLMENT. ANY INCOMPLETE HEALTH RECORDS WILL BE RETURNED TO YOU. A hold will be placed on your registration, athletic participation, your room key, and/or your student account, if your health record is not on file by the day you arrive at Susquehanna University (which means you will not be able to gain access to your room or register for classes.)

Services:

Students can be seen by a health care provider for most acute care services. Our intent is not to take the place of your family provider or specialist, but to support you while you are attending classes during the academic year. Assessment, evaluation, diagnosis and a plan of care will be determined at the time of visit. There is no charge for this evaluation at the Student Health Center. Lab services, radiology, diagnostic testing or pharmaceutical intervention may be initiated; charges may be incurred for these services. Radiology and lab services are offered on campus. Several commonly used prescription medications are available at the Student Health Center as a convenience for students. There is a charge for these medications. Medications are usually less expensive than those at local pharmacies (unless you have a prescription co-pay.) If the student prefers using an area pharmacy, this will be honored by the care provider; transportation will be provided to assist that student if needed. There is a list of other local pharmacies on our web page. We usually use the local CVS, which is located at the north end of Market Street in Selinsgrove. The phone number of the CVS pharmacy is (570) 374-2764.

Additionally, transportation can be provided on a first-come, first-served basis to local medical appointments by phoning the Health Center during regular business hours at 570-372-4385. Students can often be seen and treated on campus, at the specialty offices within the Geisinger-Susquehanna University Facility.

If you have insurance and/or have a prescription plan, be sure to bring that information with you. **PLEASE ATTACH A COPY OF YOUR HEALTH INSURANCE CARD TO YOUR HEALTH RECORD AND MAKE SURE YOU HAVE A COPY FOR YOURSELF.** Each student must know how their primary insurance plan works in Selinsgrove, Pennsylvania. Each plan is different. Your primary insurance plan may have limitations when “out of network.” Make sure that you know how to use your plan while you are away from home. If your plan requires you to select a physician in the locale of Susquehanna University, please complete this process prior to arriving at SU.

Local Hospitals:

The following three hospitals are located within a 25-mile radius of the University:

- Geisinger Medical Center – Danville, PA - (570-271-6211) – www.geisinger.org
- Evangelical Community Hospital – Lewisburg, PA - (570-522-2645) – www.evanhospital.com
- Sunbury Community Hospital – Sunbury, PA - (570-286-3333) – www.schopc.org

For medical emergencies, DH&L ambulance sign-up forms may be accessed through the Student Health Center. DH&L is an independent company; sign-up is voluntary and can be purchased annually. In the past, we have found that their services are critical on this campus.

COUNSELING CENTER

Mental health is not simply the absence of symptoms, it is also the presence of communication skills, the ability to connect with others, being able to feel comfortable with your emotions, and knowing how to make choices that enhance your life. The Counseling Center offers individual and group therapy along with crisis intervention and walk in services in order to help students minimize the interruption of learning and manage difficulties they may experience as well as enhance emotional and social wellness.

The Counseling Center is staffed by licensed mental health professionals. Psychiatric services are also available on a limited basis. The Counseling Center is located at 606 University Avenue. In case of an emergency, a counselor may be reached after hours by calling the number listed below. Regular counseling services can be scheduled by calling the Counseling Center. You can also visit the Counseling Center Monday through Friday from 3-4 p.m. for a walk-in appointment. There is no charge to students for counseling services.

Phone Numbers: (570) 372-4751 (Counseling Center)
(570) 374-9164 (Counseling Center After Hours Emergency)
(570) 372-2776 (Counseling Center Fax)

Web Page: <http://www.susqu.edu/counseling>

The Counseling Center staff will often work collaboratively with the Student Health Center staff to address your concerns.

ATHLETICS

If you are planning to try out for a varsity athletic team, you will be receiving a letter from the Sports Medicine Department outlining requirements to participate. Please complete all required forms, which includes the Student Health Reporting Form. Please contact the Sports Medicine Department with any questions.

Phone Numbers: (570) 372-4278 - Mike Keeney (Head Athletic Trainer)
(570) 372-4284 - Sara Fetter (Asst. Athletic Trainer)

Web Page: <http://www.gosusqu.com/information/sports-medicine/index>

You and/or your parents may want to keep a copy of this letter for easy reference.

Our primary concern is helping you to be in the best physical and emotional health possible while you are a student at Susquehanna University. We also hope that you learn to develop a healthy lifestyle that will follow you once you leave our university community.

We look forward to meeting you and wish you the best as you prepare for your first semester at Susquehanna University.

Sincerely,

Elizabeth M. Magill, RN, BSN, MA
Interim Administrative Director, Health Center

Stacey Pearson-Wharton, Ph.D.
Assistant Dean and Director for Counseling Services

Michael Keeney, Med, ATC
Head Athletic Trainer

GEISINGER

MyGeisinger Support Team
100 North Academy Avenue
M.C. 30-09
Danville, PA 17822

Dear Susquehanna Student,

We would like to make you aware of a Geisinger tool that is available to assist you in managing your healthcare. Geisinger offers a patient portal, MyGeisinger.org, to all of our patients. As a Geisinger patient, you can view portions of your medical record, check lab results, email your doctor and even directly schedule appointments at the Susquehanna University student clinic. You can also access MyGeisinger on your iPhone or Android smartphones by downloading the MyChart mobile application.

We encourage you to become a MyGeisinger.org user so that you can take advantage of the services it offers. It's easy! Go to www.MyGeisinger.org and click on 'Register Now'.

We look forward to having you join the MyGeisinger family. Please do not hesitate to contact us at 570-214-0003 if you have any questions about signing up for MyGeisinger.

Sincerely,

MyGeisinger Support Team