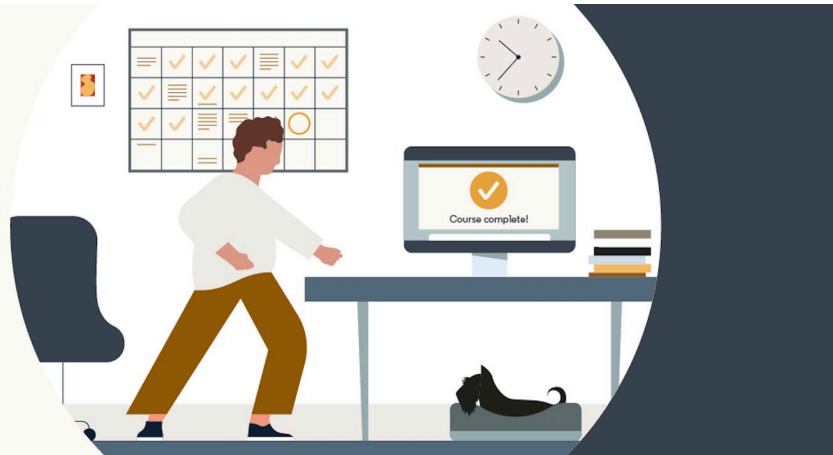


- 1 Set a learning goal.
- 2 Create a plan.
- 3 **Knock it out of the park!**

LinkedIn Learning



Staff 2022

Invest In YOU This Year!

This year, create learning goals for yourself to boost your own self-development – both at work and in your personal life. Here are some suggestions to get you started!

Career Development

[Sharing Your Best Self at Work](#)

[One Minute Habits of Success](#)

[Discovering Your Strengths](#)

Work/Life Balance

[How to Organize Your Time and Your Life](#)

[Aligning Your Values with Work, Life, and Everything In Between](#)

[Manage Burnout at Work with These Simple Strategies](#)

Wellbeing

[The Five Thieves of Happiness](#)

[Mindful Meditations for Work and Life](#)

[Managing Stress for Positive Change](#)